

# Stay Safe Order Frequently Asked Questions

## တၢ်ကလုာ်လၢပကဘၣ်အိၣ်ပူၤဖျးလၢဘၣ်တၢ်သံကွၢ်အိၣ်တလီၢ်လီၢ်တဖၣ်

### 1. What is the Stay Safe Order?

တၢ်ကလုာ်ဘၣ်ယးပကဘၣ်အိၣ်ပူၤဖျးအိၣ်မုၢ်တၢ်မနုၤလဲၣ်

The Stay Safe Order Phase III encourages Minnesotans to stay close to home but allows outdoor gatherings of friends and family of 25 people or less, and indoor gatherings of 10 people or less. Gatherings should adhere to proper social distancing measures—like staying six feet apart and wearing a mask.

တၢ်ကလုာ်ဘၣ်ယးပကဘၣ်အိၣ်ပူၤဖျးအိၣ်မုၢ်ဘၣ်သၢပတီၢ်လၢပကဘၣ်ဟ့ၣ်ဒုးသဆၣ်ထီၣ်ဝဲဒၣ်ပူၤလၢအိၣ်လၢမဲးနံးစိထီၣ်အပူၤတဖၣ်ကဘၣ်အိၣ်ဘူးဘူးတၢ်တၢ်လၢဟံၣ်ပူၤဘၣ်ဆၣ်တၢ်ကဟ့ၣ်အန့ၣ်လၢဟးထီၣ်လၢတၢ်ချၢဒီးဟံၣ်ဖျိသးဒီးတၢ်သကိးဒီးဟံၣ်ဖိယိတဖၣ်သ့ဝဲ ၂၅၀ဒီးစ့ၤန့ၣ်အဝဲန့ၣ်လီၤမ့ၢ်လၢဟံၣ်ပူၤတခါဟံၣ်ဖျိသးသ့ဝဲဝဲဝဲဝဲဝဲမ့ၢ်တဖၣ်အဝဲန့ၣ်လီၤလၢဟံၣ်ဖျိအိၣ်သကိးလိာ်သးအခါပကဘၣ်လူၤပိာ်ထွဲမထွဲဝဲလီၤတၢ်လီၤဆဲးဒီးအမ့ၢ်ပူၤနီၢ်တၢ်ကအတၢ်ဒုၣ်စၢအိၣ်ပကဘၣ်အိၣ်စိၤစုၤယံၤလိာ်သးဖိပုၣ်ဒီးပကဘၣ်ပမးစိထီၣ်ဘိန့ၣ်လီၤ

Phase I of the Stay Safe Order opened retail stores and other Main Street businesses if they created and adopted a COVID-19 preparedness plan and operated at 50 percent occupancy -- in Phase III, these same principals apply for retail stores.

တၢ်ပတီၢ်တပတီၢ်န့ၣ်မုၢ်ဝဲဒၣ်ကူးဖးဒိၣ်(စတိမ်)ဒီးကူးလၢအဆါတၢ်လၢကျဲကယသ့ၣ်တဖၣ်စးထီၣ်ဆါက့ၤတၢ်သ့ခိဖျိအဝဲသ့ၣ်မုၢ်အတၢ်ဝဲဒီးအိၣ်ဒီးတၢ်ကတဲာ်ကတိးသးရဲၣ်ကျဲၤဝဲဂ့ၤဘၣ်ဘၣ်လၢကဒိသးအိၣ်အတၢ်ဆါအိၣ်ဒီးအတၢ်အိၣ်န့ၣ်ဒီး၅၀မ့ၢ်ကယလၢတဖၣ်တၢ်မတခါဂ့ၤတခါဂ့ၤန့ၣ်လီၤလၢအပတီၢ်သၢအပူၤန့ၣ်တၢ်သိၣ်တၢ်သိၣ်တဖၣ်အံၤကဟံၣ်ယုာ်ဝဲဒၣ်လၢကူးလၢအဆါတၢ်ဒီးပူၤဖျးဒီးက့ၤစိာ်လၢဟံၣ်ပူၤသ့ၣ်တဖၣ်န့ၣ်လီၤ

In Phase II of the Stay Safe Order restaurants opened for outdoor dining, and personal services and places of worship opened with capacity and health restrictions.

ပံပတီၢ်တပတီၢ်လၢတၢ်ကလုာ်ကဘၣ်အိၣ်ပူၤဖျးအိၣ်မုၢ်ဝဲဒၣ်တၢ်အိၣ်ကူးသ့ၣ်တဖၣ်စးထီၣ်ဆါက့ၤတၢ်သ့လၢအိၣ်လၢတၢ်ချၢသ့အခါပညီ(ကူးပူၤ)ဒီးပူၤနီၢ်တၢ်ကအတၢ်ရဲၣ်တၢ်ကျဲမုၢ်ဂ့ၤတၢ်ဘျုးတၢ်ဘါအလီၢ်သ့ၣ်တဖၣ်မုၢ်ဂ့ၤ,အိၣ်ထီၣ်က့ၤသးသ့ဒီးကဘၣ်တုၢ်လီၢ်ပူၤကညိဖဲအကြးဖဲအကြိအသိးဒီးဆုၣ်ချအတၢ်ဟံၣ်ပနီၣ်သ့ၣ်တဖၣ်အိၣ်န့ၣ်လီၤ

Phase III of the Stay Safe Order turns the dial further to open:

သၢပတီၢ်တပတီၢ်မုၢ်ဝဲတၢ်ကဟ့ၣ်အန့ၣ်လၢကအိၣ်ထီၣ်တၢ်ဟူးတၢ်ဂဲၤအိၣ်န့ၣ်အဝဲအံၤသ့ၣ်တဖၣ်ဒီးအမ့ၢ်

- Restaurants and bars for indoor at 50% capacity, not to exceed 250 individuals for indoors and outdoors settings each – see guidance for additional details, with reservations required;
- တၢ်အိၣ်ကူးဒီးတၢ်ဆါသံးအလီၢ်သ့ၣ်တဖၣ်ပဘၣ်ဆါလၢကူးပူၤထဲ၅၀မ့ၢ်ကယဖဲအကြးဒီးပူၤကညိဒီးတဘၣ်အိၣ်န့ၣ်ဒီး ၂၅၀ဂ့ၤလၢတၢ်ချၢမုၢ်ဂ့ၤဒီးတၢ်ကိပူၤမုၢ်ဂ့ၤကဘၣ်ဟံၣ်လီၤရဲၣ်ကျဲၤဝဲလီၤတၢ်လီၤဆဲးကဘၣ်ထံၣ်လိာ်သးဒီးပူၤလၢအဘၣ်မုၢ်ဘၣ်ဒါမ့ၢ်အိၣ်ဒီးသ့ၣ်ညါအိၣ်ထီၣ်လီၤတၢ်လီၤဆဲးဒီးတၢ်လီၤလၢဟံၣ်ပနီၣ်လီၤဆိအလီၢ်သ့ၣ်တဖၣ်န့ၣ်လီၤ
- Personal services like salons, tattoo parlors and barbershops at 50% capacity with appointments required;



**3. Why is this order statewide?**

ဘၣ်မနုၤဃီလၢပဟ့ၣ်ဝဲတၢ်ကလၢတခါအံၤလၢကီၢ်စံၣ်အပူၤလဲၣ်

Community spread of COVID-19 in Minnesota and nationwide is increasing. There are hotspots in both rural and urban communities. We are working hard to ensure adequate hospital space for those who need it. By limiting the size of group gatherings, and slowly turning the dial to reopen our state’s businesses, we are continuing to take steps to hopefully limit the spread of COVID-19 in our communities across every corner of the state, while also reopening businesses that are meaningful to our communities.

လၢပဟ့ၣ်ဝဲတၢ်အပူၤ COVID-19 တၢ်ဆါအတၢ်ရၢလီၤအသးလၢမဲးနံးစိထံၣ်ကီၢ်စံၣ်ဒီးထံၣ်ကီၢ်တဘျီအံၤအပူၤဟဲအါထီၣ်အယီၤန့ၣ်လီၤလၢခိၣ်န့ၣ်သ့ဝီအပူၤမ့ၢ်ဂ့ၢ်ဒီးရူပူၤဝုၢ်ပူၤမ့ၢ်ဂ့ၢ်အိၣ်ဝဲအါမးလၢအဘၣ်ကူဘၣ်ကံၤသ့ဝီဖျိတၢ်ဘၣ်ထွဲလိာ်သးတဆိဘၣ်တဆိလၢပဟ့ၣ်ဝဲတၢ်အပူၤန့ၣ်လီၤပဂ့ၢ်ကျဲးစးရဲၣ်ကျဲးမၤလီၤတၢ်လီၤဆဲးဝဲတၢ်ဆါဟံၣ်အလီၢ်သ့ၣ်တဖၣ်လၢပဟ့ၣ်ဝဲဒီးသိးပုၤလၢအလိၣ်ဘၣ်သ့ၣ်တဖၣ်အဂီၢ်န့ၣ်လီၤခိဖျိပဟံၣ်ပနီၣ်ဝဲပဟံၣ်ဖျိသးအနီၢ်ဂံၢ်ဒီးတဆိဘၣ်တဆိပဂ့ၢ်ကျဲးစးရဲၣ်ကျဲးဒီးသိးပကဆဲးမၤဘၣ်ဝဲဒၣ်ပကီၢ်စံၣ်အပန့ၣ်တၢ်ကၤအဂီၢ်သ့ၣ်တဖၣ်န့ၣ်လီၤပကဆဲးမၤလၢတၢ်မ့ၢ်လၢဒိၣ်အါအပူၤဒီးလၢပဟံၣ်ပနီၣ်ဝဲ COVID-19 တၢ်ဆါအတၢ်ရၢလီၤသးကစၢလီၤဝဲဒၣ်လၢပဟ့ၣ်ဝဲတၢ်အပူၤလၢပကီၢ်စံၣ်တၢ်လီၢ်ကိးတီၤဒီးအဂီၢ်န့ၣ်လီၤဖဲန့ၣ်တကီၢ်ခါပအိးထီၣ်ကၤက့ၤဝဲပန့ၣ်တၢ်ကၤအလီၢ်တနီၤလၢအရူဒိၣ်ဝဲလၢပဟ့ၣ်ဝဲတၢ်အဂီၢ်န့ၣ်လီၤ

**4. How will this order be enforced?**

ဒ်သိးတၢ်ကလူၤပိာ်မၤထွဲတၢ်သိၣ်တၢ်သီလၢတၢ်ဟံၣ်လီၤအံၤအံၤလဲၣ်.

All Minnesotans are urged to voluntarily comply with this Executive Order. The state is working with local law enforcement to support the order.

ပှၤမံၣ်န့ၣ်စိထံၣ်ဖိတဖၣ်ခဲလၢာ်အသးအိၣ်တၢ်ဒီးအသးဆူၣ်လၢကလူၤပိာ်မၤထွဲတၢ်သိၣ်တၢ်သီလၢတၢ်ဟံၣ်လီၤအံၤန့ၣ် လီၤ. ကီၢ်စံၣ်မၤယုာ်တၢ်ဒီးလိာ်ကဝီၤတၢ်သိၣ်တၢ်သီလၢကဆိၣ်ထွဲမၤစၢတၢ်ဒုးလူၤပိာ်မၤထွဲတၢ်ဘျီသဲစးလၢတၢ်ဟံၣ် လီၤအံၤန့ၣ်လီၤ.

**5. Is Minnesota closing its borders and declaring martial law?**

ကီၢ်စံၣ်မံၣ်န့ၣ်စိထံၣ်အကီၢ်ဆၢကးတံၢ်အသးခါဒီးမ့ၢ်အထူးထီၣ်ရၢလီၤဂ့ၢ်ကိာ်အူသးတၢ်ကလၢခါ.

No. People are free to come into Minnesota, even during this order. People coming to Minnesota from other states must follow the order. To protect our neighbors, people are encouraged to stay close to home and are strongly discouraged from engaging in unnecessary travel. These measures are meant to protect Minnesotans – especially our most vulnerable neighbors.

တမ့ဘၣ်,

ပှၤကညီသ့ၣ်တဖၣ်ဟဲလၢမဲးနံးစိထံၣ်အပူၤသ့ဝဲဒၣ်လၢတၢ်ဟ့ၣ်ဝဲတၢ်ကလၢတခါအံၤအကတီၢ်အပူၤမ့ၢ်ဂ့ၢ်န့ၣ်လီၤပှၤကီၢ်စံၣ်အဂၤလၢအဟဲလၢမဲးနံးစိထံၣ်အပူၤသ့ၣ်တဖၣ်န့ၣ်လီၤလၢလၢတၢ်သ့ၣ်တဖၣ်အံၤန့ၣ်လီၤ. လၢတၢ်ဒီးသၤပှၤလၢပခိၣ်ပယၢတဖၣ်အဂီၢ်, ပဟ့ၣ်ဝဲတၢ်ဟ့ၣ်ဘါပှၤကိးဂၤလၢကဆိၣ်ဘၣ်လၢဟံၣ်ဘျးဘျးဒီးအတၢ်ဟးထီၣ်ဟးလီၤလၢအရူဒိၣ်မ့ၢ်တဆိၣ်လၢဘၣ်န့ၣ်, တၢ်အံၤမ့ၢ်ဒၣ်နီၢ်ထီၣ်နီၢ်တၢ်လၢတၢ်ကဒိးသးခါမံၣ်န့ၣ်စိထံၣ်ဖိတဖၣ်အဂီၢ်လီၤ. လီၤဆိဒၣ်တၢ်ပှၤလၢပခိၣ်ပယၢတဖၣ်လၢအတဆိၣ်ဒီးတၢ်ဒီးသၤအဂီၢ်စ့ၢ်ကိးန့ၣ်လီၤ.

**6. When will the stay safe order be lifted?**

တၢ်ကလၢ်ဘၣ်ယးပကဘၣ်အိၣ်ပူၤဖျဲးတခါအံၤကစးထီၣ်အသးအခါဖဲလဲၣ်  
**The Stay Safe Order is effective at 11:59pm on June**  
တၢ်ကလၢ်တခါအံၤကစးထီၣ်ဟံးန့ၢ်အရူစးထီၣ်ဖဲသး၅၉ဟါခီလါယုၤလၢအတီၢ်ပူၤန့ၣ်လီၤ

**7. What would trigger another Stay Home Order?**

တၢ်ကလၢ်တခါအံၤကစးထီၣ်ဟံးန့ၢ်အရူစးထီၣ်ဖဲသး၅၉ဟါခီလါယုၤလၢအတီၢ်ပူၤန့ၣ်လီၤ

Decisions will be based on the guidance of public health experts and data. Public health officials will monitor indicators such as how many tests can be administered, the number of new COVID-19 cases, hospital capacity, the rate of increase in positive tests, the share of cases where the source of infection is not known, and the rate of hospitalizations and deaths. All those factors and more will continue to be monitored and will guide future decisions.

တၢ်ဆဲးတၢ်ခဲလၢ်န့ၣ်အိၣ်ဖဲလၢပူၤလၢအသ့ၣ်ညါန့ၢ်ဟံၤကမ္ဘာ်ဆူၣ်ချ့ဒီးပူၤဘၣ်မုၢ်ဘၣ်ဒါသ့ၣ်တဖၣ်အတၢ်ရဲၣ်တၢ်ကျဲၤန့ၣ်လီၤပူၤမၤတၢ်လၢကမ္ဘာ်တၢ်အိၣ်ဆူၣ်အိၣ်ချ့အပူၤဘၣ်မုၢ်ဘၣ်ဒါသ့ၣ်တဖၣ်ကတီၢ်ခိၣ်ရိၣ်ဖဲဒီးကဟ့ၣ်တၢ်န့ၣ်လီၤလၢကဘၣ်ရဲၣ်ကျဲၤဒီးမၤကွၢ်ပူၤကညိတၢ်န့ၣ်သ့ပုၤဂၤလဲၣ်န့ၣ်လီၤပူၤနီၢ်ဂံၢ်လၢအဘၣ်တၢ်ဆါအသိသ့ၣ်တဖၣ်တၢ်ဆါဟံၣ်အလီၢ်အကျဲသ့ၣ်တဖၣ်ဒီးပူၤဘၣ်ကူတၢ်ဆါဖဲအိၣ်အမူးကယၤသ့ၣ်တဖၣ်ကဆဲးကျဲဆဲးကျိးလိာ်သးဖဲတၢ်လီၤလၢအဘၣ်

**Covid19**ဒီးတ့ၣ်ညါဖဲအဆိၣ်ထံးခိၣ်ဘိသ့ၣ်တဖၣ်ဒီးပူၤနီၢ်ဂံၢ်လၢအဒီးကူစါယါဘျါအသးတဖၣ်ဒီးပူၤနီၢ်ဂံၢ်လၢအသံသ့ၣ်တဖၣ်အဂီၢ်န့ၣ်လီၤတၢ်ဂ့ၢ်တၢ်ကျိၤဖဲလၢ်သ့ၣ်တဖၣ်အံၤဒီးတၢ်လၢအကဟဲအသးဒီးသ့ၣ်တဖၣ်အဲၣ်သ့ၣ်ကဘၣ်တီၢ်ခိၣ်ရိၣ်ဖဲဒီးကဟံးစုန့ၣ်ကျဲၤတၢ်ဆဲးတၢ်လၢကဟဲအညါအဂီၢ်န့ၣ်လီၤ

**8. If I test positive for COVID-19, is my information automatically shared with law enforcement?**

ယမၤကွၢ်ယသးအစၢ်ဖျါလၢအဆိၣ်ဒီးတၢ်ဆါ**positive**န့ၣ်ယနီၢ်ကစၢ်တၢ်ဂ့ၢ်တၢ်ကျိၤဖဲလၢ်ကဟ့ၣ်ခိၣ်ဟ့ၣ်နီၤဒီးဒုးသ့ၣ်ညါသးလၢတၢ်ဘျာၣ်သးအဆိၣ်တဘျီယီၤခါ

If you test positive for COVID-19, public health officials will read you a statement about sharing your address with first responders, like firefighters, emergency medical personnel, or police officers. If you agree, your address will be shared with first responders *only if* they already are on their way to your residence (for example, in response to a 911 call). When first responders on their way to your address, they will receive a notification that a person in the household has tested positive for COVID-19. Providing this information to first responders helps protect the health and safety of first responders by ensuring they can take proper precautions while responding to the emergency. To protect your privacy, your name and other identifying information are not shared.

နမၤကွၢ်သးအစၢ်ဖျါလၢ**positive**န့ၣ်ကမ္ဘာ်ဆူၣ်ချ့ဘၣ်မုၢ်ဘၣ်ဒါအဆိၣ်အဲၣ်ကဆဲးတၢ်ခဲလၢပူၤလၢအသ့ၣ်ညါန့ၢ်ဟံၤကမ္ဘာ်ဆူၣ်ချ့ဒီးပူၤဘၣ်မုၢ်ဘၣ်ဒါသ့ၣ်တဖၣ်အတၢ်ရဲၣ်တၢ်ကျဲၤန့ၣ်လီၤပူၤမၤတၢ်လၢကမ္ဘာ်တၢ်အိၣ်ဆူၣ်အိၣ်ချ့အပူၤဘၣ်မုၢ်ဘၣ်ဒါသ့ၣ်တဖၣ်ကတီၢ်ခိၣ်ရိၣ်ဖဲဒီးကဟ့ၣ်တၢ်န့ၣ်လီၤလၢကဘၣ်ရဲၣ်ကျဲၤဒီးမၤကွၢ်ပူၤကညိတၢ်န့ၣ်သ့ပုၤဂၤလဲၣ်န့ၣ်လီၤပူၤနီၢ်ဂံၢ်လၢအဘၣ်တၢ်ဆါအသိသ့ၣ်တဖၣ်တၢ်ဆါဟံၣ်အလီၢ်အကျဲသ့ၣ်တဖၣ်ဒီးပူၤဘၣ်ကူတၢ်ဆါဖဲအိၣ်အမူးကယၤသ့ၣ်တဖၣ်ကဆဲးကျဲဆဲးကျိးလိာ်သးဖဲတၢ်လီၤလၢအဘၣ်

**What activities can I do?**

တၢ်လၢယမၤသ့န့ၣ်မ့ၢ်တၢ်မနုၤသ့ၣ်တဖၣ်လဲၣ်

## 9. Is it okay for me to leave my home?

ယမ္ဗုးတီၢ်လၢယဟံၣ်ရၢန့ၣ်အကသုၤစါ

During the Stay Safe Order, Minnesotans may leave their homes. If you leave your home, wear a mask and practice social distancing measures, including staying six feet between you and those around you. Individuals at heightened risk of serious COVID-19 infections are **strongly urged** to stay home except for necessary activities and work. People most at risk include are those:

ဖဲလၢတၢ်အကတီၢ်ဖဲတၢ်ကလုာ်လၢပကဘၣ်အိၣ်ပုၤဖျးသးအခါန့ၣ်ပုၤအိၣ်လၢမဲးနံးစိထံၣ်တဖၣ်ဟးတီၢ်လၢဟံၣ်အချၢသ့ဝဲဒၣ်န့ၣ်လီၤန့ၣ်မ့ၢ်ဟးတီၢ်လၢနဟံၣ်အချၢန့ၣ်နဘၣ်ပးဝဲဒၣ်မးစိဒီးအိၣ်စိးစုၤယံၤလိာ်သးတဂၤဒီးတဂၤဒ်အမ့ၢ်ကဘၣ်အိၣ်ယံၤလိာ်သးဖဲဒိၣ်ယီၢ်တဂၤဒီးတဂၤန့ၣ်လီၤမ့ၢ်ပုၤတဂၤလၢအအိၣ်လၢတၢ်လီၤဘၣ်ယိၣ်အကျါလၢတၢ်ဆါဘၣ်ကူညီသ့ၣ်တဖၣ်ပဟ့ၣ်က့ၣ်အဝဲသ့ၣ်လီၤတၢ်လီၤဆဲးလၢအကအိၣ်လၢအဟံၣ်တလၢကွၢ်တၢ်လိၣ်ဘၣ်တၢ်ဖံးတၢ်မးဒီးတၢ်ဟူးတၢ်ဂၤမ့တအိၣ်ဘၣ်န့ၣ်ကဘၣ်အိၣ်လၢဟံၣ်န့ၣ်လီၤပုၤလၢအအိၣ်လၢတၢ်လီၤဘၣ်ယိၣ်ဒီးတၢ်ဆါဘၣ်ကူညီတဖၣ်မ့ၢ်ဝဲ

- 65 years and older.
- ၆၅န့ၣ်ဒီးဆူအဖိခိၣ်သ့ၣ်တဖၣ်
- Living in a nursing home or a long-term care facility, as defined by the Commissioner of Health.
- ပုၤလၢအအိၣ်လၢပုၤယါဘျီသးအလီၢ်မ့တမ့ၢ်ပုၤလၢအဘၣ်အိၣ်လၢတၢ်ဆဲးထွဲကွၢ်ထွဲအဖိလၢယံၤယံၤထာထာတဖၣ်ဒ်အဘၣ်တၢ်ဟံးန့ၢ်မုၢ်လၢအူၣ်ချၢပုၤသးအိၣ်မၤစၢတၢ်ကရၢသ့ၣ်တဖၣ်
- Any age with underlying medical conditions, particularly if not well controlled, including:
  - ပုၤအသးန့ၣ်တခါဂုၤတခါဂုၤလၢအဘၣ်အိၣ်လၢတၢ်ယါဘျီသးအလီၢ်ဒီးဘၣ်အိၣ်ကသံၣ်ထီၣ်သ့ၣ်တဖၣ်တပယုၣ်ယိၣ်ပုၤအိၣ်လၢတၢ်လီၤဘၣ်ယိၣ်အလီၢ်သ့ၣ်တဖၣ်လၢအမ့ၢ်ဝဲဒၣ်
    - People with chronic lung disease or moderate to severe asthma.
    - ပုၤလၢအအိၣ်ဒီးပသိၣ်တၢ်ဆါယံၤထာသ့ၣ်တဖၣ်မ့တမ့ၢ်ပုၤလၢပုၤဘၣ်ပၤယၢ်အီၤသ့တကဲထီၣ်ကလံၤကျိၤတၢ်သါယံးတၢ်ဆါ
    - People who have serious heart conditions.
    - ပုၤလၢအအိၣ်ဒီးသးအဂံၢ်စၢသ့ၣ်တဖၣ်
    - People who are immunocompromised (caused by cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, or prolonged use of corticosteroids and other immune weakening medications).
    - ပုၤလၢအအိၣ်ဒီးနီၢ်ခိၣ်ဂံၢ်ဘါလီၤစုၤ(ခိၣ်တၢ်အိၣ်ဝဲစၢၣ်ကသံၣ်, အိၣ်မိၣ်, ယံတၢ်ဂုၢ်ကိမ့တမ့ၢ်ပုၤလၢအဘၣ်ကွဲးကါတၢ်အသးသ့ၣ်တဖၣ်နီၢ်ခိၣ်ဂံၢ်တြိဆါလီၤစုၤ, ပုၤလၢအအိၣ်ဒီးHIV မ့တမ့ၢ်AIDS မ့တမ့ၢ်ပုၤလၢအဘၣ်သ့ဝဲကသံၣ်မၤသံတၢ်ယံၤထာသ့ၣ်တဖၣ်ဒီးပုၤအဂၤလၢအအိၣ်ဒီးနီၢ်ခိၣ်ဂံၢ်တြိတၢ်ဆါအကသ့ၣ်တဖၣ်
    - People with severe obesity (body mass index (BMI) of 40 or higher).
    - ပုၤလၢအအိၣ်ဒီးနီၢ်ခိၣ်လၢအဘၣ်တလၢကွၢ်အခါ(နီၢ်ကစၢ်အထီၣ်အိၣ်၄၀မ့တမ့ၢ်ထီၣ်န့ၣ်အဝဲန့ၣ်)
    - People with diabetes.
    - ပုၤလၢအအိၣ်ဒီးသ့ၣ်ဆါဆါသ့ၣ်တဖၣ်
    - People with chronic kidney disease undergoing dialysis.
    - ပုၤလၢအအိၣ်ဒီးကလုာ်တၢ်ဆါအယံၤထာသ့ၣ်တဖၣ်
    - People with liver disease
    - ပုၤလၢအအိၣ်ဒီးသ့ၣ်ညိးတၢ်ဆါတဖၣ်

## 10. Is it okay to gather with other people?

ပမ့ၢ်ဟံၣ်ဖျိၣ်သးအိၣ်သကိးတပုၤယီၤဒီးပုၤအဂၤန့ၣ်ကသုၤစါ

Outdoor social gatherings of groups of 25 people or less, and indoor social gatherings of 10 people or less are permitted. Even in small groups of 25 or fewer people, Minnesotans should wear face coverings and practice social distancing, such as keeping six feet between you and those around you.

လဟံာ်ခူပုဟံာ်ဖိုၣ်သးသုလၢကရၢၣ်အမ့ၢ် ၂၅၈.မ့တမ့ၢ်စ့ၤန့ၢ်အဝဲန့ၢ်.ဒီးလဟံာ်ပုတခိပုဖိုၣ်သးသု၁၀၈.မ့တမ့ၢ်စ့ၤန့ၢ်အဝဲန့ၢ်ဒ်လၢတၢ်ဟ့ၣ်အခဲးအသိးန့ၣ်လီၤ ပုမ့ၢ်ဟံာ်ဖိုၣ်သးကရၢၣ်ဆံးကိာ်ဖိထဲ ၂၅၈.ဒ်လဲၣ်မ့တမ့ၢ်ပုစ့ၤကဒ်လဲၣ်.ပုလၢအအိၣ်လၢဖဲန့ၢ်စိထံၣ်တဖၣ်တြးပးဝဲတၢ်လၢပုမ့ၢ်ဘၢမဲာ်သၣ်ဒီးကဘၣ်အိၣ်စိ.ဇုယံလီၤ သးဒ်အမ့ၢ်ကဘၣ်အိၣ်ယံလီၤသးတၢ်ဒီးတၢ်ဖိခိၣ်ယီၤန့ၣ်လီၤ

**11. What if I need to get tested for coronavirus or go to the doctor or dentist?**

**ယမ့ၢ်အိၣ်ဒီးမၤက့ၢ်ယသးဒ်သိးယကသ့ၣ်ညါယအိၣ်တအိၣ်ဒီးတၢ်ဆါဘၣ်န့ၣ်ယလိၣ်ဘၣ်မနုၤတဖၣ်လဲၣ်မ့တမ့ၢ်ယဘၣ်လဲၣ်လၢကသံၣ်သရၣ်ဖးဒီးအိၣ်မ့တမ့ၢ် ဝဲကသံၣ်သရၣ်လဲၣ်**

You may receive health care, including COVID-19 testing, dental care, and other kinds of necessary medical visits. We recommend people call ahead to their health care provider or doctor before seeking medical treatment.

နကဒီးန့ၣ်ဘၣ်ဆူၣ်ခူတၢ်ဆိၣ်ထွဲမၤစၢ.ဟံာ်ယုာ်ဒီးတၢ်မၤက့ၢ်covid19.တၢ်ကဟ့ၣ်ကယာ်မဲာ်တၢ်ဆိၣ်ဆူၣ်ဆိၣ်ခူဒီးတၢ်အဂုၤအဂၤလၢအလိၣ်ဘၣ်ဖဲန့ၣ်လဲၣ်ဒီးပုသးအခါ န့ၣ်လီၤပဟ့ၣ်အခဲးလၢပုကိးဂၤကလဲထံၣ်လီၤသးဒီးဆူၣ်ခူတၢ်ကဟ့ၣ်ကယာ်တၢ်ဆိၣ်ထွဲမၤစၢကရၢမ့တမ့ၢ်ကသံၣ်သရၣ်ဖးဒီးတၢ်တဖၣ်လဲၣ်လၢကယုထံၣ်န့ၣ်တၢ်ယါ ဘျါအဂီၢ်ဘၣ်န့ၣ်လီၤ

**12. Can I get my hair cut?**

**ယလဲၣ်တၢ်ယခိၣ်ဆူၣ်ကသ့ၣ်ခါ**

Yes. Personal services like salons, tattoo parlors, and barbershops can operate at 50% capacity with appointments required. Please call ahead to ensure that you are complying with each specific businesses' COVID-19 preparedness plan, which may include mandatory masks, checking in for your appointment remotely, or waiting outside for your appointment.

မ့ၢ်.သုလီၤပုနီၢ်တၢ်အတၢ်ရဲၣ်တၢ်က့ၢ်ဒ်တၢ်မၤယံမၤလၢသးအလီၢ်.ပုဆဲးကံၣ်ဆဲးကိာ်သးအလီၢ်ဒီးပုတံာ်ခိၣ်ဆူၣ်ကျဲးသ့ၣ်တဖၣ်အဝဲသ့ၣ်မၤဝဲသ့ၣ်ဝဲမ့ၢ်ကယၢဖဲအတြး ဝဲဒ်တၢ်န့ၣ်လီၤအိၣ်အသိးန့ၣ်လီၤဝဲသးစ့ၤ.မၤလီၤတၢ်အိၣ်လၢန့ၣ်လီၤပုတံာ်မၤထွဲဝဲတၢ်သ့ၣ်တဖၣ်အံၤလီၤတၢ်လီၤဆဲးယုာ်ဒီးတၢ်ဂ့ၢ်အဂၤတခါစုာ်စုာ်ဒ်အမ့ၢ်တၢ်ကတီၤသးလၢကဒိ သးတၢ်ဆါတခါအံၤအတၢ်ရဲၣ်တၢ်က့ၢ်လၢအဟံာ်ယုာ်ဒ်ဒီးတၢ်သိၣ်တၢ်သိၣ်တၢ်ဘျါလၢအဟံာ်လီၤသးတဖၣ်မ့ၢ်ဂုၤ.ဖဲလၢအိၣ်ခိးလၢအကတုၤနတီၤမ့တမ့ၢ်န့ၣ်ခိးလၢတၢ် ချါအခါန့ၣ်လီၤ

**13. Can I go to worship?**

**ယလဲၣ်လၢတၢ်ဘါယုၤသရီၣ်သ့ၣ်ခါ**

Places of worship, religious services, weddings, and funerals can hold services both indoors and outdoors, with 50% capacity, places of worship cannot exceed 250 people for each self-contained space— see guidance for additional details. Proper social distancing measures—like staying six feet apart and wearing a mask—should be taken.

တၢ်ဘါယုၤအလီၢ်.တၢ်ဘျါတၢ်ဘါအတၢ်ရဲၣ်တၢ်က့ၢ်သ့ၣ်တဖၣ်.တၢ်ဖျါအမ့ၢ်တဖၣ်.ဒီးတၢ်သံတၢ်ပုာ်အမ့ၢ်တဖၣ်တၢ်မၤဝဲဒ်သုလၢဟံာ်ခူပုဟံာ်ဖိုၣ်ပုဂုၤဒီးကဘၣ်မ့ၢ်ထဲၣ်ဝဲ မ့ၢ်ကယၢဖဲအတြီၢ်ဝဲအသိးန့ၣ်လီၤတၢ်လီၤလၢပုဘါယုၤသ့ၣ်တဖၣ်ပုကညီတဘၣ်အါန့ၢ်ဒီး ၂၅၀.ကဘၣ်ဒီးကဘၣ်ထံၣ်လီၤသးဒီးပုဘၣ်မ့ၢ်ဘၣ်ဒါလၢမ့ၢ်အိၣ် ဒီးသ့ၣ်ညါအါထံၣ်လီၤတၢ်လီၤဆဲးအဂီၢ်န့ၣ်လီၤကဘၣ်မၤထွဲဝဲပုတၢ်ဒီးတၢ်အိၣ်စိ.ဇုယံလီၤသးဒ်အမ့ၢ်ကဘၣ်အိၣ်ယံလီၤသးဖိခိၣ်ယီၤဒီးကဘၣ်သုဝဲမးစံန့ၣ်လီၤ







ဒီးကလုာ်ဒီးဟီၣ်ခိၣ်ဒီးဘၣ်ဖဲ [online meetings database](#)  
ပုၤအိၣ်သံးလၢအမံၤတအိၣ်ဖျါတိၤစၢၤမၤစၢၤတၢ်ဖဲ [finding](#) ဒီး [creating](#) အိၣ်လဲၤတၢ်ထံၣ်လိာ်  
အိၣ်ဖျါတဖၣ်.

ကသံၣ်မူၤဘျီ:  
[Resources](#)လၢတၢ်ယုၤကွၢ်တၢ်ဟံၣ်ဖျါမၤသကိးတၢ်လၢအမၤအသးဒ်အနီၣ်နီၣ်အတၢ်ထံၣ်လိာ်  
အိၣ်ဖျါတဖၣ်  
တၢ်မၤစၢၤဆီၣ်ထွဲအတၢ်ဂ့ၢ်တၢ်ကျိၤအတၢ်ထံၣ်လိာ်အိၣ်ဖျါတဖၣ်လၢ [Minnesota](#)

တၢ်မၤစၢၤဆီၣ်ထွဲအဂၤဖၣ်.  
ခိၣ်ခ့ၣ်ကသံၣ်မူၤဘျီ: လၢအမံၤတဖျါလၢအိၣ်လဲၤ: [nationwide](#) ဒီးလၢ [Minnesota](#)  
အိၣ်လဲၤတြိနံး တၢ်ထံၣ်လိာ်အိၣ်ဖျါသကိးလၢဟံၣ်ဖိဖိတဂၤအဂီၢ်တၢ်ဆီၣ်ထွဲကရူၢ်လၢအ  
ဘၣ်ထွဲလိာ်သးဒီး [Alcoholics Anonymous](#) and [Narcotics Anonymous](#)  
တၢ်ကူၤစါယါဘျီလၢအဂ့ၢ် [online meeting database](#)  
[National](#) တၢ်မၤစၢၤဆီၣ်ထွဲတၢ်အမိၢ်ပုၤလၢပုၤသုၤဒီးဘၣ်ယးဒီးသးတၢ်ဆါ  
[Minnesota](#) တၢ်မၤစၢၤဆီၣ်ထွဲတၢ်အမိၢ်ပုၤလၢပုၤသုၤဒီးဘၣ်ယးဒီးသးတၢ်ဆါ

**19. Is outdoor recreation permitted under the Stay Safe order?**

ပုၤမၤတၢ်ရဲၣ်တၢ်ကျဲၤလၢဟံၣ်ချ့တဖၣ်တၢ်ဟ့ၣ်အခွဲးစ့ၢ်ဧါ  
Outdoor recreation is permitted, provided it adheres to paragraph 6 of this Executive Order and the  
Outdoor Recreation Guidelines available at DNR’s website (<https://www.dnr.state.mn.us/covid-19.html>).

တၢ်ဟ့ၣ်ဖဲဒ်အခွဲးန့ၣ်လိာ်တၢ်ဟံၣ်လိာ်လၢပကဘၣ်လူၤတိၤမၤထွဲသ့ၣ်တဖၣ်လၢလိာ်အဆၢနီၣ်ဂံၢ်ဖဲအပူၤပုၤဘၣ်မူၤဘၣ်ဒါဟံၣ်လိာ်ဒ်တၢ်ကလုာ်လၢပုၤမၤတၢ်ရဲၣ်တၢ်  
ကျဲၤလၢဟံၣ်ချ့အလိာ်န့ၣ်ကျဲၤန့ၣ်နလဲၤဖးအိၣ်သ့ဖဲDNR အလိမ့ၣ်ကွီၤ (<https://www.dnr.state.mn.us/covid-19.html>)

**20. Can I go camping under the Stay Safe Order?**

ယလဲၤဟးကသုၣ်သ့ဖဲတၢ်ဟံၣ်လိာ်တၢ်ကလုာ်လၢပဘၣ်အိၣ်ပုၤဖျဲးသးအံၤအကတီၢ်သ့ဧါ

Camping in dispersed sites is allowed starting on May 18. Developed campgrounds remain closed.  
နလဲၤဟးကသုၣ်သ့ဖဲတၢ်လိာ်တတီၤဂ့ၢ်တတီၤဂ့ၢ်စးထီၣ်လါမ့ၢ်သီအံၤန့ၣ်လိာ်လၢနကမၤအါထီၣ်မၤဒိၣ်ထီၣ်တၢ်ဟးကသုၣ်အလိာ်တခါတဟ့ၣ်အခွဲးဒ်ဘၣ်န့ၣ်လိာ်

**How does the Stay Safe Order affect my work?**

တၢ်ကလုာ်ဘၣ်ယးဒီးကဘၣ်အိၣ်ပုၤဖျဲးတခါအံၤအကဲဘျုးလၢယတၢ်မၤအဂီၢ်ဖဲလဲၣ်

**21. Am I supposed to return to work?**

ယဆီၣ်ပိၣ်ယက့ၢ်မၤက့ၢ်ယတၢ်မၤဒီးအလီၢ်လီၢ်သ့ဧါ

To slow the spread of COVID-19, all workers, including previously designated critical sector works, who  
can work from home must continue to work from home.

If there is a dispute about an employee's ability to work from home, we encourage the employer and employee to work collaboratively to come up with a solution in light of the order's directive that all critical sector workers who can work from home must do so. If a dispute remains unresolved, employees can contact the Work from Home Violation Helpline by phone: 651-539-1132 or 1-833-454-0152 (toll free), or by email: [WFHviolations@state.mn.us](mailto:WFHviolations@state.mn.us)

ဒီသီးပတြီဆာဝဲ covid-19 အတော်ရလီသေးကကနုလီအင်္ဂါပုၤမတော်ဖိကိးဂါလၢအဟံယုာ်ဒီးပုၤလၢအမတော်လၢအရူဒိာ်အလီၢ်လၢညါတဖၣ်မၤက့ၢတော်လၢဟံၣ်မုာ်သ့န့ၣ်ကဘၣ်ဆဲးအိၣ်လၢဟံၣ်ဒီးမၤတော်န့ၣ်လီၤ

ဖဲန့ၣ်တၢ်ကတိၤအါဘၣ်ယးတၢ်ဂုၢ်လၢအဘၣ်မၤတော်လၢဟံၣ်မုာ်အိၣ်န့ၣ်ပဟ့ၣ်ကူၣ်ပဲပုၤမတော်အိၣ်ဒီးပုၤမတော်ဖိတဖၣ်လၢအကဟံၣ်မိၣ်မၤသကိးတပူၤယီၤယုာ်ဒီးအကဘၣ်လူၤပိာ်မၤထွဲဝဲဒ်တၢ်ဟံၣ်လီၤတၢ်ကလုာ်အကျိၤအကျဲတဖၣ်ဒီးပုၤလၢအမတော်လၢဟံၣ်လၢအရူဒိာ်တဖၣ်ကဘၣ်လူၤပိာ်မၤထွဲဝဲစ့ၢ်ကိးန့ၣ်လီၤဖဲန့ၣ်တၢ်တဲအါမုာ်အိၣ်ထီၣ်လၢအဘျီယုာ်လီၤတန့ၣ်ဘၣ်တဖၣ်ပုၤမတော်အိၣ်ကိးဝဲဒ်(တၢ်သ့တၢ်စုဆူၣ်ခိၣ်တကးလၢအမတော်လၢဟံၣ်အယီၤ)သ့ဝဲဝဲလီၤဝဲဝဲ 651-539-1132 မ့တမ့ၢ် 1-833-454-0152 (ကိးကလီၤ)မ့တမ့ၢ်ဆုၢ်လၢ email ဝဲ [WFHviolations@state.mn.us](mailto:WFHviolations@state.mn.us) အအိၣ်သ့ဝဲန့ၣ်လီၤ